



## Vinegar

Our last Green Tip involved Castille soap as an all-purpose cleaner. Castille soap is that must be diluted, so many fewer plastic bottles are purchased.

This week, let's expand your natural cleaning toolkit to include another versatile cleaning product: white vinegar.

White vinegar is a poor disinfectant, but an excellent cleanser. It has powerful cleaning properties that rival any commercial cleanser. Vinegar's antibacterial properties reduce the number of pathogens to undetectable levels.

### USES:

- Mix 1 part vinegar to 4 parts water and store in a spray bottle.
- Multi use product: spray on kitchen and bathroom countertops, tiles, flooring, and toilets, stains, and weeds.
- Removes dirt, scum, and dust, and leaves a streak-free shine
- Cleans glass and mirrors
- Cleans wood, plastic, or glass cutting boards. Spray diluted vinegar onto a clean cloth and wipe.
- Deodorizes toilets. Pour 125 ml of white vinegar into the toilet bowl. Let sit 15 minutes. Flush
- Removes hard water deposits on tub/glass shower doors. Heat 250 ml of white vinegar in a pot. Spray onto surface. Let sit 15 minutes and wipe clean.

- Cleans and whitens tiles and grout. Use full strength and leave on for at least an hour.
- Stain remover. Spray on stains before laundering clothes.
- Unclogs sinks. Pour one quarter cup of baking soda down the sink, and then add one cup of vinegar and cover the drain tightly.
- One cup vinegar poured into the rinse cycle of a full load of laundry kills bacteria and is a chemical-free fabric softener
- Kills weeds. Use on a dry, sunny day as vinegar needs time in the sun to be effective. Spray undiluted directly onto weeds.
- Use in dishwashers as rinsing/cleaning agent.
- Remove bumper stickers by spraying with undiluted vinegar. May require a couple of applications.
- Cat deterrent. Spray vinegar around perimeter of garden; felines detest the smell of vinegar.

Notes:

NEVER use vinegar on granite, marble, hardwood, or stone tile surfaces.

NEVER mix vinegar and chlorine bleach.