

Our 8 Principles

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Unitarian Universalists (UUs) and UU congregations affirm and promote eight Principles, which we hold as strong values and moral guides. We covenant to these Principles instead of one particular creed or dogma, because we believe that what matters is not who or what you believe in, but how you live your life.

1



The inherent worth and dignity of every person.

2



Justice, equity, and compassion in human relations.

3



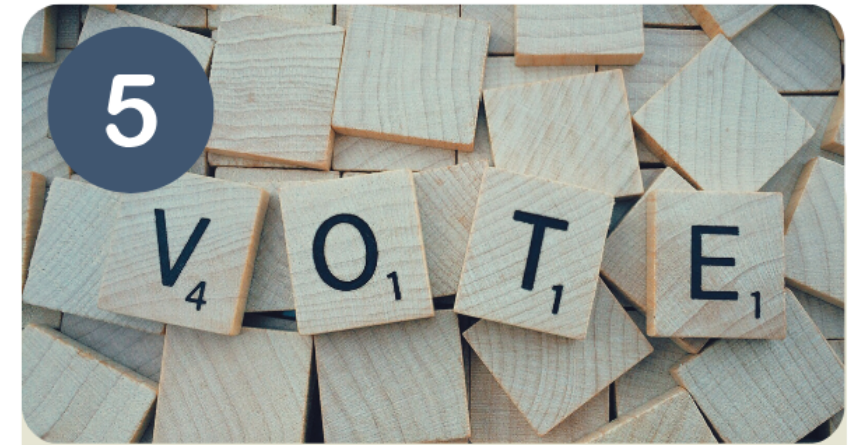
Acceptance of one another and encouragement to spiritual growth in our congregations.

4



A free and responsible search for truth and meaning.

5



The right of conscience and the use of the democratic process within our congregations and in society at large.

6



The goal of world community with peace, liberty, and justice for all.

7



Respect for the interdependent web of all existence of which we are a part.

8



Individual and communal action that accountably dismantles racism and systemic barriers to full inclusion in ourselves and our institutions.